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Charlevoix County News

October 20, 2016

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Boyne City Housing Summit to be held October 20

On Thursday, October 20 at 7pm the City of Boyne City will be hosting a Housing Summit to discuss the need for additional housing opportunities for people in the region. The summit will be held at the Boyne Area Senior Center located at 411 East Division Street. Housing needs have increasingly been affecting people look-

ing to live and work in the area and businesses looking to hire employees. The need for additional housing and exploring ways to address it is one of the City of Boyne City's top goals. Representatives from the City of Boyne City, Networks Northwest, Northern Homes, and area businesses will be attending the meet-

ing as we begin to explore the needs, housing trends, resources available and possible solutions. This meeting is open to the public and will be concluded no later than 10:00 p.m.

Please note that the Boyne Area Chamber of Commerce will be holding their regular Business After Hours that evening starting

at 5:30 p.m. at the Boyne Boat Yard at 974 East Division Street. We hope you will be able to start your networking there and then continue on down the street to the Senior Center and the Housing Summit.

City leaders will be using the information and ideas gathered locally at the upcoming Housing Summit

being conducted in Traverse City by Networks Northwest on Monday, October 24th. More information on that meeting can be found at: <http://www.networksnorthwest.org/planning/planning-policy/housing/north-west-michigan-housing-summit-2016.html>

BOYNE AREA STATE OF THE COMMUNITY

2016 has been great in Boyne. 2017 looks even better.

By Michelle Medjesky

BOYNE FALLS - By all accounts, the past year in the Boyne City area was one of promises being kept, projects completed and steady growth and development continuing to be attracted and maintained. And the future looks even brighter.

That was the consensus among several community leaders who spoke during the Boyne Area Chamber of Commerce's annual "State of the Community" luncheon held recently at Boyne Mountain Resort.

Patrick Little, new superintendent at Boyne City Public Schools, kicked off this year's event with a stellar report about the "great start" the district has so far experienced in the 2016-2017 school year, including 54 new students enrolling, which far exceeded expectations.

"That's an incredible number," Little said, noting it also marks the district as having one of the top enrollment increases in the state.

He said the district also hired 15 new employees this year, who will come to the area bringing families and therefore providing even more economic stimulus in the community.

A bond proposal millage request that was voter approved last May has been earmarked for building and technology upgrades within the district and has also afforded the purchase of new school buses which are now in use, Little said.

County officials are proud of several accomplishments in this past year, Charlevoix County commissioner Chris Christensen said, not the least of which is how the county recently approved its 2017 budget that included a general millage levy of 4.5 mills, making it the lowest rate levied in 40 years.

He highlighted numerous new and "exciting programs" also being implemented in the schools, like stepped up vocational and performing arts opportunities and "early learner/early college" initiatives. He also noted the innovative "Telehealth" system that's being introduced in the district, which Little described as a "neat partnership" between the schools and the local health care community featuring on-campus health care and consultations for students.

Although just in his first year as superintendent of the Boyne City district, Little said he continues to be impressed at the dedication and support he's seen from the student community.

"It's amazing to me, it's amazing to the staff, all the things students are capable of," Little said.

Charlevoix County commissioner Chris Christensen also spoke during the luncheon of the many projects completed throughout the county, including the Boyne City area.

County officials are proud of several accomplishments in this past year, he said, not the least of which

is how the county recently approved its 2017 budget that included a general millage levy of 4.5 mills, making it the lowest rate levied in 40 years.

Christensen said the lower millage reflected a promise county commissioners made to taxpayers to reduce the county's general operating millage in effort for them to have more input on how their tax dollars are spent. He noted the commission has been able to lower taxes at the county level for three of the past four years.

"We're pretty proud of that," Christensen said.

County officials are furthermore proud of the recent completion and opening of the first leg of the Boyne City to Charlevoix non-motorized trail, Christensen said. Phase two of the project is expected to begin next year on what's hoped to become a trail that, when finished, will attract cycling and outdoor enthusiasts to the area from around the world.

The completion of several major road improvement projects are yet another source of pride for

See *State of the Community* - Page 3A

"Live from Charlevoix" debuts on Nov. 12

Coming soon to a theater near you, "Live from Charlevoix!" a new performing arts venue will make its debut on Saturday, November 12 at the Charlevoix Cinema at 8pm. Live from Charlevoix is a non-profit organization whose focus is to promote our local area and its businesses through a variety of activities. Complimentary appetizers and a full cash bar will be available at every event.

Each month, Live from Charlevoix will present a different variety of musician or performing artist at the Charlevoix Cinema, culminating in a "Kick Off to Summer" to be held in East Park over Memorial Day Weekend. TV has "The Voice", "America's Got Talent" and beginning in November, Charlevoix will have its own Live from Charlevoix.

The inaugural show will feature well known comedians, Ken Scott, Dustin Cole and headliner Jason Douglas. Ken Scott has worked on several well-known TV shows as well as working in management for a Fortune 100 company. Deciding that comedy was the way to go, Scott presents a fresh perspective on marriage, children, politics and current events. Dustin Cole was a regional winner of the Midwest Comedy Challenge in 2012 and 2014 and has performed in 25 states over the past two years. Jason Douglas has been an opening act for Dennis Miller, Michael Buble, the Beach Boys, as

See *Live from Charlevoix* - 5A

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weather

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
HIGH: 52 LOW: 38	HIGH: 48 LOW: 36	HIGH: 48 LOW: 39	HIGH: 55 LOW: 43	HIGH: 53 LOW: 40	HIGH: 51 LOW: 41	HIGH: 52 LOW: 42

record temps

DAY	AVG	LOW	AVG	HIGH	RECORD LOW	RECORD HIGH
OCT 20	...36°58°25°	(1966)	...80°	(1953)
OCT 21	...36°58°22°	(1959)	...81°	(1953)
OCT 22	...35°58°24°	(1967)	...80°	(1953)
OCT 23	...35°57°22°	(1993)	...76°	(1975)
OCT 24	...35°57°24°	(1969)	...76°	(1975)
OCT 25	...35°56°23°	(1952)	...77°	(1989)
OCT 26	...34°56°20°	(1990)	...77°	(1989)
OCT 27	...34°55°21°	(1965)	...77°	(1989)

OBITUARIES

Eleanor J. Chanda (Raymond), 80

(MARCH 21, 1936 - OCT. 15, 2016)

Eleanor J. Chanda, 80, of East Jordan, died Saturday, October 15, 2016, at the Georgia House in Charlevoix.



She was born in East Jordan on March 21, 1936, the daughter of Ernest J. and Joyce V. (Kamradt) Raymond. Eleanor graduated from East Jordan High School in 1953.

On April 25, 1959, in East Jordan, she married Lawrence D. "Larry" Chanda. He preceded her in death on November 6, 2004.

Eleanor worked as a cook for the East Jordan Public Schools from 1971, until her retirement in 1997.

She enjoyed baking and her pies were especially good. Eleanor loved traveling out for dinner with Larry, dancing and spending time with her grandchildren.

She is survived by two sons, Jeffrey (Celeste) Chanda of Charlevoix and Todd (Yvonne) Chanda of

Neenah, Wisconsin; four grandchildren, Clare, Michael, Philip and Jacob; six brothers, Jim Raymond of Phoenix, Arizona, Louie (Sonya) Raymond of Charlevoix, Phil (Betty) Raymond of Howell, Duane (Donna) Raymond of Grandville, Dick (Starr) Raymond of East Jordan and Doug Raymond of East Jordan; one brother-in-law, Clayton McKay of Central Lake; and numerous nieces and nephews. She was also preceded in death by a brother, Chuck Raymond and one sister, Linda McKay.

The Chanda family would like to express a special "Thank You" to the Georgia House in Charlevoix. They were so kind and loving toward Eleanor in her final days on earth.

Funeral services will be held on Saturday, October 22, 2016, at 2:00 P.M. at the Penzien Funeral Home in East Jordan. Rev. James L. Jordan will officiate with interment following at Sunset Hill Cemetery, East Jordan.

The family will receive friends on Saturday from 11:00 A.M. until service time at the funeral home. In lieu of flowers, the family requests donations to be directed to the Alzheimer's Association.

Drs. Oz and Roizen

Television's Dr. Oz and Cleveland Clinic's Dr. Roizen report on health, wellness and quality of life.



Kids in the zone?

In football, if the offensive team is in the Red Zone, they're inside their opponent's 20-yard line and moving toward a goal. How many times the offense gets into the Red Zone and then how often they score from within that zone is a measure of the team's efficiency.

On the school playground, getting in the zone is a smart way for kids to reach their goals of more physical activity and better classroom performance. Researchers at the University of Missouri-Columbia have found that dividing playgrounds into activity zones caused a "significant increase in physical activity."

In a zoned playground, kids have many activity options, so there's something that suits every child. For example, there's an area where kids can play dodgeball, another for jumping rope, one for basketball, hopscotch and free play, such as climbing on a jungle gym or just running around. (Free play is as important as organized activities: Studies show that it stimulates creativity and helps build social skills.)

Encourage your local school to adopt activity zones, and make sure playground supervisors leave their cell-phones in their pockets. According to the American Academy of Pediatrics and the Consumer Product Safety Commission, more than 200,000 children ages 14 and younger are treated in U.S. emergency rooms for playground-related injuries every year. They estimate that about 30 percent of those injuries could have been avoided if caregivers were not distracted! Seems that when kids see that their caregiver is not paying attention, they're far more likely to engage in risky behavior.

Cat scratch dangers

A recent installment of the cartoon "Garfield" features a real-estate-agent flea giving two other fleas a house tour on the back of an unsuspecting Garfield the cat: "Now I'll be showing you a four-leg, two-ear condo. It's a perfect flea starter home," says the insect broker.

Fleas on cartoon cats may be funny, but in real life they pose a serious health problem. It's called cat scratch disease (CSD), a flea-borne infection caused by the bacteria *Bartonella henselae*.

You can become infected if a cat, carrying infected fleas, scratches you or licks an open wound (even a tiny one). Symptoms include fever and headache, swollen or sore lymph nodes near the infection point and a pustule at the site of the scratch. Sometimes, the infection can cause conjunctivitis-like eye problems (oculoglandular syndrome) or even spread to the lining of your heart (endocarditis), bones and bone marrow (osteomyelitis).

A new report from the Centers for Disease Control and Prevention found around 12,500 reported cases every year, 500 of them requiring hospitalization. Kids are most likely to be infected; they have almost 10 cases per every 100,000 people.

So take extra precaution if you have young children or care for the elderly or anyone who is immunocompromised, as they're more susceptible to CSD complications.

If you have cats, you can prevent CSD by using flea collars, giving them anti-flea baths (you might want to let the vet do it), washing your hands after playing with them and making sure they don't contaminate any open scratches or cuts you have.

Smoking causes back pain

The Cleveland Cavaliers' back-to-back-to-back victories made them the first team in NBA history to win a championship after being behind in the playoffs three games to one. That caused serious pain for the Golden State Warriors and their fans.

But did you know that back (and more back) problems are the real pain-inflicting champions in America, and a major cause of all that back pain is smoking?

Smokers have a 300 percent greater rate of chronic lower back pain than nonsmokers. Why? One theory is that the inflammation from smoke's hydrocarbons coupled with decreased blood flow (nicotine

constricts blood vessels) disrupts the supply of oxygen to the spine's discs, which leads to degeneration (ouch!). Plus, smoking kills off cells that build bone. Even second-hand smoke has been shown to negatively affect bone mineral density.

The negative effects on the back from smoking are so profound that at Dr. Mike's Cleveland Clinic, spine doctors won't perform an elective spinal fusion operation on a patient who smokes. For those patients, that means no smoked marijuana (one joint releases hydrocarbons equal to four cigarettes, triggering inflammation), no chewing tobacco, no cigars.

So if you have chronic back pain and you smoke, your best, first step is to quit! (You'll also reduce your risk for lung, esophageal and other cancers, COPD, stroke and heart attack.) Be a champ. You can do it!

Laugh your way to more consistent (and enjoyable) exercise

In the movie "Mary Poppins" when Mary (Julie Andrews) and Bert (Dick Van Dyke) take the Banks children (Matthew Garber and Karen Dotrice) to visit Uncle Albert (Ed Wynn), Albert starts to laugh and suddenly, with every chortle, he floats higher and higher off the ground. Soon the visitors start laughing, and they levitate, too. Only sad thoughts bring them back to Earth.

Sometimes the thought of exercising can make you feel rooted to the ground. But a new study shows that laughter just might give you the motivational lift you need. Researchers found that older adults who were led through an exercise program that incorporated simulated laughter (they went through the motions of laughter), which often triggered a genuine belly laugh, saw significant improvement in mental health, aerobic endurance and more interest in exercising. Study participants did a 45-minute course of moderate activity peppered with bouts of simulated laughter for six weeks. Almost 89 percent said laughter made exercise more

accessible, and about 88 percent said they were motivated to participate in other exercise classes.

So the next time you exercise, sprinkle some humor into your workout, like Dr. Mike does. Try watching last night's episodes of "The Late Show" (Stephen Colbert) and "Conan" while you exercise. You'll discover that your workouts are more fun, and you'll get other health benefits, too. A good laugh session releases mood-boosting endorphins, lowers stress, improves your immune responses, reduces pain, improves heart health and makes your RealAge younger.

A healthy dose of strength and generosity

When George Harrison wrote "I Me Mine" in 1969, he was commenting on the oversized egos of John Lennon and Paul McCartney, which ended up pulling the band apart less than a year later. In Harrison's Eastern faith, one could not be united with the Higher Power until one renounced those three first-person, selfish pronouns.

Me, me, me: Psychologists point out that people who use I, me, mine the most are the least secure. They (like certain Beatles and public figures) care more about their self-interests than they do about others. So when you're listening to someone blathering on (say, in the presidential debates) and you want to entertain yourself and get a peek into the person's true nature, keep count of how often they use first-person pronouns.

And if you think you're a bit too I, me, mine yourself, you want to nurture your ego strength, not egotism. Egotism clouds your vision. It's ego strength (I can do this!) that fuels a determination to find solutions to health issues and relationship problems. It also sets you on a path of ever-improving mental and physical health and a younger RealAge.

To build a strong resolve, start with small steps. Set goals you can meet for physical activity and nutritional improvements. Acknowledge your accomplishments when you reach those goals, then set higher ones. And set goals for volunteering in your community helping those in need. Notice that your well-being is tied to the well-being of others. We, You, Us. Now that's a nice tune.

Mehmet Oz, M.D. is host of "The Dr. Oz Show," and Mike Roizen, M.D. is Chief Wellness Officer and Chair of Wellness Institute at Cleveland Clinic. To live your healthiest, tune into "The Dr. Oz Show" or visit www.sharecare.com.

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Family Services Expo coming to Castle Farms

Life Roots Family and Birth Collective are hosting a free community event to help connect families with local resources in health education, the arts, healthy food, early learning and more. This event, the Life Roots Family and Birth Expo, will take place in the East Garden Room at Castle Farms in Charlevoix on October 23, from 11 a.m. to 2 p.m. Families can expect to find fun kids activities, door prizes, live music, food samples, and booths with information from local organizations. The first 100 families that attend will receive goodie bags full of coupons and information about community events and resources.

"We know that there are so many excellent organizations and individuals offering support for families in our area, but many families are not aware of them. This expo is a place where families and organizations can meet one another, and families can learn more about the services available to help them along in their parenting and life journeys," said Kristin Belfy, founding member of Life Roots Family and Birth



The team of Life Roots Family and Birth Collective is hosting a free expo at Castle Farms on October 23 from 11 a.m. to 2 p.m. Collective members (L to R) Kristin Belfy of Rhythmic Roots Doula & Birth Services, Adrienne Shiels of Great Lakes Holistic Doula, Vanessa Horning of VBH Life Photography and Rebekah Moser of RM Lactation Consultant have joined forces to provide support, education and resources to connect community, empower families and capture moments in life. COURTESY PHOTO

Collective and owner of Rhythmic Roots Doula Services.

Over 30 organizations will be represented, including McLaren Northern Michigan, Munson Healthcare Charlevoix Hospital, Charlevoix Public Library, Great

Start Collaborative, Northern Michigan Health Department, Create: Community Arts Center, Moms and Tots Resource Center, and the Grain Train Natural Food Market. In addition, there will be information available about cloth diaper-

ing, essential oils, nutrition, natural cleaning services, massage therapy, and chiropractic care.

"We hope to give our local families a fun afternoon of activities for their children while giving them the opportunity to learn more about the wonderful offerings in our community," said Vanessa Horning, founding member of Life Roots Family Birth Collective and owner of VBH Photography. "Part of parenting is building your village—your community to help support you along the way. This expo is one way to help facilitate that."

This is a free event for the community, however, donations of \$5 or more will help fund the expo as well as contribute to low income subsidized services for families.

Life Roots Family and Birth Services is a collective of four independent companies dedicated to empowering families, connecting community, and helping to capture moments in life. Services offered include birth and family photography, pre and postnatal yoga classes, doula support, breastfeeding support and childbirth and and breast-



feeding educational classes. Life Roots Family and Birth Collective is located in downtown Petoskey at 314 Howard St., Suite 4. For more information, please call 231-675-4674 or visit www.liferootscollective.com.

VETERAN OF THE MONTH

The "Veteran of the Month" for October 2016 is Guy Edwin Russell. Born on November 29th, 1917 in East Port, Michigan, later moving with his family to East Jordan, Michigan. He attended and graduated from East Jordan High School in the class of 1936, but not before being given the nickname "Spike" due to his achievements in athletics, especially basketball being over 6 feet tall. He then spent time at the CCC Camp in Wolverine, Michigan, learned to repair trucks at a shop in Gaylord, Michigan and worked at the East Jordan Canning Factory. On March 4th, 1941 Russell was inducted into the Army entering into active service in Saginaw, Michigan. Following Basic Training and attending Quartermaster Auto Inspector and Fireman service schools, on August 6th, 1942 he departed the USA arriving in Scotland on August 17th, 1942 and was assigned to 3497th Ordnance Medium Automotive Maintenance Unit serving as a Master Mechanic and participating in battles and campaigns in North Africa, Italy, Sicily, Naples-Foggia, Northern France and the D-day invasion of Normandy at Utah Beach in the European Theater of Operations. On July 19, 1945 Russell departed the European Theater of Operations arriving in the USA on July 30th, 1945. On August 3rd, 1945 at Indiantown Gap Military Reservation, Pennsylvania, Russell received an Honorable Discharge having attained the non-commissioned officer rank of Mas-



GUY EDWIN RUSSELL

ter Sergeant and was awarded the following Decorations and Citations: The Good Conduct Medal, The American Defense Service Medal, The European African Middle Eastern Service Medal with 4 Bronze Service Stars. Returning home to East Jordan Russell worked for Baders Standard Service and on July 11th, 1964, at his home in East Jordan, he married Irene Stanek. Russell bought the station in 1968 which he operated until retirement in November of 2003. On August 22nd, 2011 Guy Edwin "Spike" Russell answered the final call and is being Honored by his wife Irene, his extended family and his many friends.

To honor a veteran, call the program chairman at (231) 588-6067 or on Tuesdays call (231) 582-7811 between 3:30-8:30 p.m. The ceremony may be witnessed on the first Thursday of each month at The American Legion Post located on the corner of South Lake and Main streets in Boyne City, Mich. at 6:15 p.m.

MSU Extension office.

"This has been another banner year for downtown Boyne City," Cain said.

Construction of mountain biking trails and other major improvements are underway at the city's Avalanche Preserve and the city continues to focus on getting grant funding to renovate the Veteran's Park pavilion and purchase the Open Space park property, Cain said.

He also noted how Boyne City's remarkable growth in recent years and success in maintaining that development has drawn attention from other community leaders who often call his office seeking advice in how to follow the city's upward trajectory.

"From Main Street to dog parks and everything in between, Boyne City is a go-to," Cain said.

In closing at this year's State of Community luncheon, Cain joined other civic, school and business leaders to thank and bid farewell to Jim Baumann, who is retiring after more than eight years as executive director of the Boyne Area Chamber of Commerce.

"Jim Baumann has been a huge part of our growth and success," Cain said.

Baumann said he plans to retire by the end of this month but will remain active in the Boyne Area Chamber as editor of the organization's newsletter.

"It has truly been the best job I've ever had," Baumann said of his job as executive director. "It's been really fun and rewarding."

Baumann's replacement, Ashley Cousens, was recently hired by the chamber board and said she's "really excited" to take on the position.

"I had a great predecessor," Cousens said.

STATE OF THE COMMUNITY

CONTINUED FROM PG. 1A

Charlevoix County this year, Christensen said, noting upgrades to roughly 49 miles of roads. Three of the major road upgrades included reconstruction of Deer Lake, Korhase and Ellsworth Roads.

"We really have some of the best roads (here) in Charlevoix County," Christensen said, adding that county officials are hearing fewer complaints about road conditions than in years past.

Other goals the county commission achieved this year included being able to purchase and remodel a building on Beaver Island for use as the island sheriff substation, county road commission and transit office.

The county's website was also recently updated to be more user friendly and the commission began working to expand its network and broadband reach throughout the county.

Boyer City's city manager Michael Cain's update on his city's state of affairs only echoed the glowing reports from other speakers.

Cain said Boyne City is continuing on its path of steady growth and development and remains dedicated in its efforts to facilitating and maintaining that upward trend. He pointed to exciting developments downtown this past year, like the opening of 7 Monk's Tap Room and other new businesses.

The city also this year began building a new city hall facility in the downtown area, which by next summer will be home to the city's administrative offices, emergency services, a city museum and local

Daily Specials:

THURSDAY IS SENIOR DAY
- SENIOR MEAL -
\$5.00 price includes drink

SATURDAY BUFFET
\$7.00 drink extra

Low Sodium • Fresh Vegetables • Renowned Homemade Pies

FRONT PORCH MINISTRIES PRESENTS:
CHINESE BUFFET
Saturday, October 22 • 4:30-6:00pm

75 TICKETS WILL BE SOLD IN ADVANCE • COST: \$13 EACH

BUFFET INCLUDES:
SALAD BAR, CHOICE OF 3 ENTREES (LOW SODIUM ITEMS UTILIZED), RICE, BEVERAGE (COFFEE, HOT TEA OR SODA. OTHER BEVERAGES \$1 ADDITIONAL)
HIGH SCHOOL GROUP TO SERVE AS WAIT STAFF. ALL TIPS TO BENEFIT THEIR GROUP.

Look for more Special Saturday Night Dinners to come!

Follow us on facebook to see what's new at the Front Porch Cafe!

Our Beginning Story:

The Front Porch Cafe is not a "for-profit restaurant". but a 501(c)(3), not-for-profit, dedicated to: "Nourishing the community by feeding the body, mind, and spirit." Our doors opened in September of 2008, with only \$3,200 in donations. In 2011, with the hard work of a dedicated region and the donations of generous contributors, our mortgage was paid off. However, with our regions current situations, industries transferring to other states, economic hardships, etc., we recognize the fact that we need to focus on Operational Expenses even more. Unemployment, lack of affordable housing, unreliable transportation and demographic changes threaten the local economy which relies primarily on agriculture and tourism. We are able to help service persons in Emmet, Charlevoix, Antrim and Grand Travers Counties. The food for the customers is provided on a pay-if-you can basis, "suggested donation" only. We have begun to struggle with maintaining our monthly Operational Expenses by "suggested donations" only.

COME SEE OUR NEW BUILDING EXTERIOR AND INTERIOR MADE POSSIBLE THANKS TO A GRANT!

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Bakery • Kitchen • Fund Raising
Marketing • Building Maintenance
Accounting • Finances
Web Design • Computer Needs

Volunteers please contact:
Jan Rasmussen at 231-588-2000

NON-PROFIT (Not for profit Restaurant)
9235 Main St., Ellsworth • 231-588-2000

News Briefs

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

BOYNE CITY CHAMBER BUSINESS AFTER HOURS

October 20, 5:30-7:30pm, Boyne Boat Yard. There is no charge for admission or refreshments. Boyne Boat Yard opened their doors in 2013 at 974 E. Division St. as a complement to Van Dam Custom Boats. Charlie Harrett was hired as President of Boyne Boat Yard in January of 2015. The combination of Charlie's decades of experience, Van Dam's vast marine knowledge, and a passionate and appreciative team has produced a premium storage and service experience available to all Boyne Boat Yard clients, old and new. For more information visit www.boyneboatyard.com or call (231) 582-5239.

CHARLEVOIX INTRODUCTION TO RAW FOODS

October 20, 5-7pm, Munson Charlevoix Wellness Workshop, 411 Bridge Street. Join us for a fun, hands-on introduction to the benefits of a "high-raw" diet. Prepare and eat a variety of healthy, flavorful raw food dishes. Learn about the benefits of eating foods in their natural, most useful form. Leave with recipes and resources to continue your path to a healthier you. Presented by Rachel Sytsma Reed. Rachel will share her passion for eating foods in their natural and most useful forms as well as sharing her personal journey to healthier eating. Classes are held Thursday, October 20 and a second class on Thursday, October 27. Take one or both classes - cost is \$10/person per class, call today to reserve your spot 437-3482.

BOYNE CITY DEALING WITH DIFFICULT PEOPLE

October 23, 6:30pm, Lifetree Café, 401 S. Park Street. The program, titled "Dealing With Difficult People: Secrets for Everyday Life From a Hostage Negotiator," features a filmed interview with police SWAT commander Rick Arnold, a trained hostage negotiator. During the program, participants will have an opportunity to discuss difficult people in their own lives while brainstorming ways to better interact with them. Admission to the 60-minute event is free.

BOYNE CITY BLOOD DRIVE

October 24, 11am-4:45pm. Community of Christ Church, 777 Vogel. Simply call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org to make an appointment or for more information.

EAST JORDAN STATE OF THE COMMUNITY

October 25, Noon-1:30pm, Harvest Barn Church, 210 S. Lake Street. Presenters include; Matt Stevenson - East Jordan Public School Superintendent, Carol Timmer - Grandvue Medical Care Facility Administrator, Tom Cannon - East Jordan City Administrator, Amanda Baker - East Jordan Downtown Development Authority and Mary Faculak - Executive Director East Jordan Area Chamber of Commerce. \$15 per person for Chamber Members and \$20 for non-members. Reservations by October 18. (231) 536-7352 or send to East Jordan Area Chamber of Commerce, 100 Main Street, PO Box 137, East Jordan, 49727.

CHARLEVOIX 14TH ANNUAL KNIGHTS OF COLUMBUS HUNTER'S BANQUET

October 27, Doors Open: 5:30pm. Dinner served: 6:30pm. St. Mary's Parish Center, 1003 Bridge Street. Dinner Tickets: \$15; Raffle Tickets: \$20 for 5. The Hunters Banquet is a fund raiser sponsored by the Charlevoix Knights of Columbus to provide needed funds to the Charlevoix Food Pantry. The Banquet features a Pork dinner, a variety of side dishes, desserts, and a lot of fun and camaraderie. This year's featured speaker will be Glen McCune a nationally recognized outdoors artist and wild game enthusiast who will share some personal stories of his lifelong involvement with the outdoors. The event will feature a Grand Raffle prize of a \$1,000 Jay's Sporting Goods shopping spree. There will also be door prizes furnished from area businesses.

CHARLEVOIX INTRODUCTION TO RAW FOODS

October 27, 5-7pm, Munson Charlevoix Wellness Workshop, 411 Bridge Street. Join us for a fun, hands-on introduction to the benefits of a "high-raw" diet. Prepare and eat a variety of healthy, flavorful raw food dishes. Learn about the benefits of eating foods in their natural, most useful form. Leave with recipes and resources to continue your path to a healthier you. Presented by Rachel Sytsma Reed. Rachel will share her passion for eating foods in their natural and most useful forms as well as sharing her personal journey to healthier eating. Classes are held Thursday, October 20 and a second class on Thursday, October 27. Take one or both classes - cost is \$10/person per class, call today to reserve your spot 437-3482.

ELLSWORTH EJ CHAMBER BUSINESS AFTER HOURS

October 27, 5-7pm, Gold Nugget Bar & Grill. Co-sponsored by Preferred Waste 2 & Gold Nugget Bar. Free for Chamber members, \$10 for not-yet members.

BOYNE FALLS BLOOD DRIVE

October 28, 10am-3:45pm. Boyne Falls School, 01662 M-75 South. Simply call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org to make an appointment or for more information.

PETOSKEY CHAR-EM UNITED WAY LITERACY CORP TRAINING

October 28, 9:30-11:30am, American Red Cross building, 2350 Mitchell Park Drive. Literacy Corps volunteers work with children and youth in a variety of settings in Emmet and Charlevoix counties. We are seeking additional volunteers this year and encourage you to attend this training if interested in learning more. The training will provide Literacy Corps members and other youth serving volunteers with valuable resources as they work young children. This training will be hosted by Char-Em United Way's Education staff and the training will be conducted by specialists from Char-Em Intermediate School District. If you are interested in joining the Char-Em United Way Literacy Corps, please contact Becca Marcott or Brook Granowicz at vista@charemunitedway.org or call the United Way office at 231-487-1006. To find more information on Char-Em

United Way's Education initiative visit the website at www.charemunitedway.org/education.

CHARLEVOIX GRAND BRIDAL EXPO

October 30, 10am-3pm, Castle Farms. Meet over 50 of Northern Michigan's wedding experts who know how to make your event epic. Don't miss workshops for planning and the Celebration Lounge for relaxing. The Grand Finale Fashion Show, presented by Petoskey Bridal, begins at 3pm and showcases the latest in bridal fashions, prizes, and the Grand Giveaway worth over \$15,000! Admission is \$6 at the door, \$5 advance purchase. Sponsored by Northern MI Weddings.

BOYNE CITY COPING WITH MISFORTUNE

October 30, 6:30pm, Lifetree Café, 401 S. Park Street. The program, titled "Enough Already! When Bad Things Keep Happening," includes a filmed interview with a woman who has experienced a string of disasters—and yet found a way to move forward. Over several years she has lost two children, a husband, and her house. During the program, participants will have an opportunity to discuss times they've faced misfortune in their own lives and how they managed it. Admission to the 60-minute event is free.

CHARLEVOIX FIRST FRIDAY BUSINESS BREAKFAST

November 4, 7:30-8:30am, Northern Michigan Sport Medicine Center. Start your weekend off at the Chamber's First Friday Business Breakfast, sponsored and hosted by

Northern Michigan Sports Medicine Center. Enjoy a great breakfast catered by Grey Gables Restaurant & Catering. Learn what is going on with other Chamber members and register for door prizes. Support Northern Michigan Sports Medicine Center's annual Food Drive by bringing a non-perishable food item(s) that will be donated to the Charlevoix Food Pantry.

EAST JORDAN SNOWMOBILE SAFETY CLASS

November 5, 9am-3pm, East Jordan Snowmobilers Club. Ages 12 - 17, but anyone is welcome. East Jordan Snowmobilers, Inc. Clubhouse 5586 Mt. Bliss Rd. Pre-registration is required. Call Gerry Argetsinger at 582-7970 or Don Massey at 536 - 2944. Lunch is provided.

CHARLEVOIX MUSIC TO KEEP WARM WITH

November 13, 6:30pm, Charlevoix Circle of Arts located at 109 Clinton. Gary Stutzman teams with Alex King, percussionist, in "Music To Keep Warm With." As the winds of November blow through northern Michigan, the audience will enjoy the melodious strains of well-known favorites. For additional information and registration, please call the Charlevoix Circle of Arts at 231-547-3554.

CHARLEVOIX LIGHT OF LOVE 2016

December 3, 5pm, East Park. You are invited to participate in the 1st Annual Lights of Love Event in Charlevoix with all the proceeds benefiting Hospice of Northwest Michigan. Please join us for the lighting of our Christmas Tree in East Park, with a short dedication and caroling. Then all are invited to stay and join participating Charlevoix restaurants, bars and businesses in special food, beverage and sales opportunities supporting the event. You can NOW sponsor a light or purchase an ornament to decorate the tree in memory or in honor of loved ones this holiday. Donation and order form available at local merchants and Hospice office. Info call Amy Wieland, 231-547-7659.

CHARLEVOIX ALL IS BRIGHT

December 11, 6:30pm, Charlevoix Circle of Arts located at 109 Clinton. Santa, Bob T., and his elf, Kate Heady will perform for the audience and Ruth Willis, piano stylist, will play music of the season. For additional information and registration, please call the Charlevoix Circle of Arts at 231-547-3554.

BOYNE CITY FARMERS MARKET

Wednesdays and Saturdays, 8am - Noon, Veterans Park. If North Street entrance is closed, enter park on State Street side. Live music, fresh produce and fruit, flowers, trees and shrubs and more. We'll be moving to winter location, the Red Barn, on the first Saturday in November.

CHARLEVOIX FARMERS MARKET

Charlevoix Farmers Market, Thursdays, 3-6pm, Charlevoix Public Library. Orders can be emailed to chxfarmersmarket@gmail.com for pickup. Event updates at www.facebook.com/CharlevoixFarmersMarket

EAST JORDAN FARMERS MARKET

Sportsman's Park, 9am-1pm every Thursday. Veggies, Flowers, Baked Goods, Meat, Farm Fresh Eggs, Handmade goods & gifts.

BOYNE CITY

Beginning September 8th and continuing until May 15, 2017; the Tennis Courts at Rotary Park will be closed to facilitate the reconstruction of the playing surface. This project involves removal of the current playing surface, proper subgrade installation, paving of the playing surface and all new marking (including "Pickleball") for the 4 courts. If you have any questions please contact City Hall at 231-582-6597.



CHARLEVOIX COUNTY COMMISSION ON AGING

"The mission of the Charlevoix County Commission on Aging is to provide the highest quality senior services in partnership with the community. We focus our efforts on advocacy and support for seniors and their caregivers by promoting health, wellness, and education to achieve a dignified and enriched quality of life."

Area October Happenings!

- 10/5, 12, 19, 26, Weds, 8am - 12pm
10/1, 8, 15, 22, 29, Saturdays, 8am - 12pm
Boyerne City Farmers' Market
Outdoor market in Veteran's Park, 207 N. Lake Street. www.bovnechamber.com
- 10/13, 20, 27, Thursdays, 3pm - 6pm
Charlevoix Farmers' Market
Market moves indoors to the Charlevoix Public Library in the Community Room, until Thanksgiving.
www.charlevoix.org
- 10/6, 13, 20, 27, Thursdays, 9am - 1pm
East Jordan Farmers' Market
Sportsman's Park, 85 Bridge Street.
www.ejchamber.org
Monthly Adult Grief Support Group
Due to varied session locations and times, please call 231-547-7659 to register or for more information.
www.hospicewm.org
- 10/20, Thursday - 10/23, Sunday
Girls Just Wanna Crop Fall Scrapbook Weekend

Share stories, techniques, and laughs. It's your opportunity to relax, immerse in your favorite hobby, and pamper yourself with like-minded friends. Create memories. www.boyne.com

10/21, Friday - 10/28, Friday
Petoskey Restaurant Week
Enjoy your favorite restaurants and discover new ones at affordable prices. The best restaurants of Petoskey & Bay Harbor have joined forces for this special culinary event. www.petoskeychamber.com

10/28, Friday, 6:30pm - 9:30pm
Haunted Halloween Progressive Dinner
Downtown Petoskey will promote its ghostly history with a progressive dinner throughout haunted buildings downtown. Start at Stafford's Perry Hotel with Appetizers, Entree @ City Park Grill, and Dessert @ Jespersion's. Tickets are \$45 per person, reservations required.
www.petoskeychamber.com

BOYNE AREA SENIOR CENTER ACTIVITIES

Thursday, October 20 11am Arthritis Foundation Exercise Program Wii Bowling	Friday, October 21 After Lunch: OJ Adkins Raffle Rummikub	Monday, October 24 10:30am Line Dancing Bingo - Gift Certif Prize Rummikub	Tuesday, October 25 Foot Clinic (by app) 9-11am Veterans' Social Gathering & Lunch After-Veterans Eat Free 11am Music Ed May Presentation: WWI Mexican Train	Wednesday, October 26 10:30am Wii Bowl Practice Various Card Games	Thursday, October 27 11am Arthritis Foundation Exercise Program Wii Bowling
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CHARLEVOIX SENIOR CENTER ACTIVITIES

Thursday, October 20 11am Chair Yoga Class 11:30am Back Porch Music 1pm Mahjong	Friday, October 21 9:30am Craft Class	Monday, October 24 1pm Bridge 1pm Woodcarving 7pm Bible Study	Tuesday, October 25 Wii Bowling in Petoskey 1pm Paint Class 1pm Mahjong	Wednesday, October 26 1pm Bingo 11:30 Brad Hersey Music	Thursday, October 27 11am Chair Yoga Class 1pm Mahjong
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EAST JORDAN SENIOR CENTER ACTIVITIES

Thursday, October 20 Foot Clinic 11am KARAOKE DAY! 12:30pm Euchre	Friday, October 21 11am Dollar in a Jukebox Raffle Bake Raffle - everyone bring something!	Monday, October 24 Exercise Room 8am-1 pm Walking M-F 12:30pm Wii Bowling	Tuesday, October 25 12:30pm Bingo - Meal Ticket Prize Mexican Poker	Wednesday, October 26 Pool Table / Ping Pong 10:30am Crafts 1pm Cards	Thursday, October 27 11am KARAOKE DAY! 12:30pm Euchre
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CHARLEVOIX COUNTY SENIOR CENTER MENU

Thursday, October 20 Crunchy Chicken	Friday, October 21 Meatloaf	Monday, October 24 Spaghetti & Meat Sauce	Tuesday, October 25 Dijon Chicken & Rice	Wednesday, October 26 Pizza Casserole	Thursday, October 27 Pork Roast'n Noodles
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8:30am to 4:30pm

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 - Richard Fish, Chair
 - Janet Shepherd, Vice-Chair
 - Suzanne Carlson, Secretary
 - Nancy Ferguson, Board Liaison
 - Jean Kinsley, Janet F. Shepherd
 - Jerry Kelts, Joni Olach
 - and Cathy Kessler
- OFFICE STAFF**
- Shirley Gillespie, Director
 - Theresa Graham, Receptionist
 - Sally Nye, Database
 - Tracey Rupinski, Clinical Manager
 - Debbie Peck, Food Service Manager

LOCAL SENIOR CENTER CONTACT INFORMATION

Beaver Island Center:
Ann Partridge
26215 Main St, BI, 49782
231-448-2022

Boyne Area Senior Center:

Terri Powers
411 E. Division, PO Box 964
Boyne City, MI 49712
Phone: 231-582-6682

Charlevoix Senior Center:

Nona Jadwin
06906 Norwood Road
Charlevoix, MI 49720
Phone 231-547-5361

East Jordan Senior Center

Brenda Skop
951 Mill Street
East Jordan, MI 49727,
Phone: 231-536-7831

THE COA OFFERS THE FOLLOWING SERVICES:

- Congregate Meals
- Foot Care Management
- Emergency Communication Devices
- Home Delivered Meals
- Homemaker Services
- In-Home Respite
- Information & Referral
- Medicare D Counseling
- Medication Management
- Personal Care Assistance
- Project Lifesaver
- Senior Hi-Lites Newsletter
- Tax Assistance
- Volunteer Opportunities

WEBSITE ADDRESS:
www.charlevoixcounty.org/coa.asp

News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

Crossroads Ecumenical Resale Shop building project

Crossroads Ecumenical Resale Shop, located at 205 Water Street in East Jordan recently completed their annual fundraiser, the Ducky Derby, in which 140 rubber ducks floated down a stretch of the beautiful Jordan River at the Sportsman Park docks.

Proceeds from the event will be used toward their upcoming building project. The original plan was to add on to the existing building but after discovering that the amount needed to build at the current location was not a good use of the money entrusted to the board, they began looking for other property. When the VFW Building located on M-32 became available, it was decided that the location offered a much more cost effective way to get the space Crossroads needed to accomplish their mission.

The addition of 7200 square feet to the existing 3200 square feet will enable the resale shop to have furniture and off-season storage under one roof as these items are currently kept in donated space at the Family Fare Plaza. It will

allow for additional sorting and resale space as well as more storage space for Care and Share and a waiting room inside for their clients. Crossroads is also planning to provide space for those in need of financial assistance, which is now being handled through the East Jordan Ministerial Association at the Lighthouse Missionary Church.

The Crossroads mission is to meet the needs of families in the East Jordan community by providing clothing, food, and financial resources; their vision is that all families in the community will be able to meet their basic living needs and their goal to have a "one-stop shopping" experience is very real to this Christian-based organization.

The Board of Trustees wishes to thank those who have supported the Crossroads Mission and welcome donations toward the building project. For more information or to make a donation, please contact the store at (231) 536-7606 or mail your check to P. O. Box 937 East Jordan, Michigan 49727.

LIVE FROM CHARLEVOIX

CONTINUED FROM PG. 1A

well as being on Sirius Radio, ESPN's College Bowl Day to mention a few of his credits. Jason takes his audience on a rollercoaster of laughs from the word go.

Live from Charlevoix! is the "brainchild" of Tim Fore, local area businessman, who also developed Charlevoix's Groundhog Shadowfest Weekend about three years ago. Mr. Fore presented the idea to the Main Street Promotions Committee as a new venue designed to make Charlevoix a vibrant "go

to" destination during the off-season and therefore, benefitting the total community. The Main Street Committee welcomed the idea and successfully encouraged downtown businesses, restaurants and hotels to get involved with the program.

In conjunction with the debut of Live from Charlevoix, The Charlevoix Fall Restaurant Week also kicks-off, so a night on the town can feature dinner and a live stage performance at the Charlevoix Cinema.

For additional information and to purchase tickets, please go to livefromcharlevoix.com. Be sure to mark November 12th on your calendar.



Green Light competition winners announced

Congratulations to the winners of last the Green Light East Jordan Business Model Competition. 1st Place - Valley View Malt House - \$10,000 - 2nd Place - The House Next Door - \$3,000 - 3rd Place - My Farm Market - \$1,500 - Crowd Choice - Valley View Malt House - \$500. The East Jordan Chamber of Commerce thanks all of the outstanding sponsors of the Green Light East Jordan Business Model Competition. PHOTO BY BARBARA YOUNG

Hidden Treasures: Bergmann Center Resale Shop

By Jim Akans

Many Northern Michigan residents are familiar with the outstanding opportunities provided by the ongoing work of the Bergmann Center in Charlevoix. The staff at the non-profit Center assists in building life skills for individuals with developmental disabilities, with programs that include on-site job training and employment opportunities, volunteer opportunities, community awareness, daily living skills and enrichment classes.

In August of 2010 the Bergmann Center opened this fantastic Resale Shop, located next to their main facility on Ance Road, offering terrific bargains on resale goods such as clothing, shoes, accessories, household goods, home decor and furniture. A new 1,600 square foot area dedicated to furnishings and sporting goods was launched in February. The shop also has a fascinating art area with photos, paintings, clay sculpture, love lights made with clear stained glass with candles and painted furniture... all created by talented, artistic Bergmann Center clients. Proceeds from the art sales go directly to these artists.

In addition to a lot of great merchandise, the Bergmann Center Resale Shop also offers a wonderful place for individ-



The Bergmann Center Resale Shop is located at 8888 Ance Road in Charlevoix, and is open Monday through Saturday from 9 am to 4 pm. COURTESY PHOTO

uals in the Center's program to learn skills on the job, such as running a cash register and

processing inventory. These are valuable skills that will continue to provide rewards

for these individuals for years to come. The Center has Job Coach and Job Placement personnel that actively seek employment opportunities for clients and assist with job training. Recently, the Bergmann Center has begun accepting vehicle donations as well.

The Bergmann Center Resale Shop is located at 8888 Ance Road in Charlevoix, and is open Monday through Saturday from 9 am to 4 pm, and the staff accepts item donations during those hours as well.

For additional information call (231) 547-9624 or visit www.bergmanncenter.org and follow the Resale Shop link. Follow us on Facebook at Bergmann Center Resale Shop.



The Bergmann Center Resale Shop offers terrific bargains on resale goods such as clothing, shoes, accessories, household goods, home decor and furniture Courtesy Photo. The shop also has a fascinating art area with photos, paintings, clay sculpture, love lights made with clear stained glass with candles and painted furniture... all created by talented, artistic Bergmann Center clients. COURTESY PHOTOS



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TUESDAY - Spin the wheel for a Deal!!!!
WEDNESDAY - 50% off all Clothing
THURSDAY - 10% off anyone 55 or older & all military
FRIDAY - Buy 1 get 1 free on selected item of the day
SATURDAY - Fill a bag of clothing for \$5.99

BERGMANN CENTER INC. 8888 Ance Rd., Charlevoix MI
2 miles north of the bridge
Open Tues-Sat 9-4
231.547.9624
Resale Shop www.bergmanncenter.org

Hidden Treasures

Northern Michigan Treasure Hunter's Guide to area antique, consignment, resale and thrift shops

<p>CHARLEVOIX</p> <p>Bergmann Center Resale Shop 8888 Ance Road, Charlevoix 231-547-9624 www.bergmanncenter.org</p> <p>Kelly's Antiques & Furniture Barn 06176 Old US 31 S., Charlevoix 231-547-0133 www.dkellyantiques.com</p> <p>Goodwill Retail and Donation Center 402 Petoskey Avenue Charlevoix 231- 437-6176</p>	<p>CHEBOYGAN</p> <p>Goodwill Retail and Donation Center 982 S Main St., Cheboygan 231-445-9300</p> <p>EAST JORDAN</p> <p>Crossroads Resale Shop 205 Water Street., East Jordan 231-536-7606 Open Tuesday thru Saturday</p> <p>ELLSWORTH</p> <p>Good Samaritan Furniture & More Store 6519 Center St., Downtown Ellsworth 231-588-2208 thegoodsam.org</p>	<p>ELLSWORTH</p> <p>Good Samaritan 9746 Main Street, Ellsworth 231-588-2208 thegoodsam.org</p> <p>FREDERIC</p> <p>Pineview Military Surplus 7328 Old 27 North, Frederic 989-348-8300</p> <p>GAYLORD</p> <p>A-2-Z Resale 1829 Old 27 South, Gaylord 989-732-9500</p> <p>Goodwill Retail and Donation Center 1361 Pineview Dr. (near Lowes), Gaylord 989-705-1747. www.goodwillnmi.org</p>	<p>GAYLORD</p> <p>Salvation Army Family Store 919 S. Otsego Ave., Gaylord 989-448-2357</p> <p>Homespun Antiques & Crafts 230 West Main Downtown Gaylord 989-731-4305 Mon - Sat 10-5, Sun Noon - 4</p> <p>GRAYLING</p> <p>The-Brickery.com Two floors of treasures 107 Ottawa, Grayling, One block north of the light 989-348-8999</p>	<p>HARBOR SPRINGS</p> <p>New Beginnings Thrift Shop 650 W Conway Rd., Harbor Springs 231-348-2980</p> <p>PETOSKEY</p> <p>Goodwill Retail and Donation Center 1600 Anderson Rd., Petoskey 231-348-6947 www.goodwillnmi.org</p>
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To add your business listing call 989-732-8160

News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

Mid-Michigan Honor Flight takes area veterans to Washington D.C.

By Jim Akans

Nearly 150 veterans, guardians and support staff from the mid and northern Michigan area departed from Cherry Capitol Airport this past Thursday, October 13, for a daylong visit to our Nation's Capital to visit WWII, Korean and Vietnam War memorials. The Mid-Michigan Honor Flight, an officially recognized hub of the National Honor Flight Network, made their journey possible. This was the sixth trip the Mid-Michigan group has organized, with one occurring in the spring and one in the fall. The Honor Flight Network is a national organization that implements programs to transport veterans, free of charge, from across America to see their memorials in Washington D.C. Each veteran was accompanied by a guardian who plays a vital role of ensuring each veteran has a safe and memorable trip.

Last week's Honor Flight began on Wednesday evening with the veterans and guardians gathering at Lake Ann Camp just west of Traverse City for an opportunity to get to know each other before the flight and share a meal. Early Thursday morning the group left Lake Ann for the airport on buses lead by a police escort. Upon arrival in Washington D.C., the group traveled by



Honor Flight veterans at the WWII memorial in Washington D.C. PHOTOGRAPHY BY JIM SWOBODA

police escort to the WWII, Korean War, Vietnam War memorials and to the Tomb of the Unknown Soldier at Arlington Cemetery. At each stop, the veterans drew the attention of scores of visitors wanting to hear their stories and thank them for their service to our country.

For most of the veterans, the Honor Flight was a once in a lifetime opportunity to make the trip to Washington D.C. and visit the memorials

honoring their service. The flight was also a rare chance for fellow veterans to share memories and camaraderie from a time long ago. This recent trip included local area veterans from Mancelona, Kalkaska, Petoskey, and Roscommon as well as across mid and northern Michigan.

Tricia Donegan, Hub Director for the Mid-Michigan Honor Flight, states, "Our goal is uniting, honoring,

healing and celebrating these veterans. This journey has a tremendous impact on each veteran, and is also a chance for them to experience a sense of closure."

Rudy, a Korean War U.S. Army veteran from the Canadian Lakes area who joined the Honor Flight, relates, "It was very humbling to see the Korean War Memorial. The statues of the men in full weapon gear, the look on their faces...these

things pull out memories that I hadn't recalled for many years. Remembering what we would do, moving up the hills, "cut a chogey" (slang for leaving an area)..."

He adds, "I could not believe the number of people at the airport, the memorials and ceremonies who came up to us, wanted to shake our hands, and say thank you. It moves you."

The recent honor flight brought lifelong friends together, fathers accompanied by sons or daughters, even great-grandchildren that were able to see their family hero off at the airport on this incredible experience. The Mid-Michigan Honor Flight support staff is composed entirely of volunteers that include doctors, nurses and members of law enforcement, all committed to the safety and comfort of the veterans.

Jennifer, who served in the Army Reserves for 13 years, was Rudy's guardian during the trip. She states, "It was a pleasure making this trip with Rudy. It was all very well organized and

completely rewarding, with 100 percent emphasis on the veterans being honored. From the accommodations, meals, taking care of everyone's needs...the support staff went out of their way to make sure the veteran's were comfortable. They did not miss a step."

Donegan affirms, "We try to do everything we can to ensure the veteran's family that they will be comfortable, safe and be surrounded with quality team members. Our support staff are truly incredible people."

Mid-Michigan Honor Flights are funded privately, with many donations coming from Michigan families and as memorials. The flight is free for the veterans and guardians make donations to cover their expenses. Veterans and their guardian receive a jacket and shirt as a memento of their trip. To refer a veteran for the trip, or for information about becoming a guardian, or to make a donation, please email info@midmichiganhonorflight.com or visit www.midmichiganhonorflight.org.

Flags line the roadway at Lake Ann Camp where Honor Flight veterans stayed prior to the trip. The mission of the Mid-Michigan Honor Flight is: "to transport America's Veterans to Washington, D.C. to visit those memorials dedicated to honor their sacrifices." PHOTO BY JENNIFER AKANS



Korean War Veteran Rudy and Jennifer, Honor Flight guardian. PHOTOGRAPHY BY JIM SWOBODA



The Korean War memorial depicts lifelike statues of soldiers in the field. PHOTOGRAPHY BY JIM SWOBODA

Behold the Lamb

www.cochurch.org

The Proof

I received a letter from a minister asking how I could "prove" a child of God is not a sinner and does not continue in sin. Upon consideration, I realized that this is actually the only view of salvation that can be proven, both by scripture and by experience. We live in a day that many are teaching that our sins are forgiven "past, present, and future," even before we commit them, but how do you prove that it is so? Jesus said it is easy to tell someone their sins are forgiven, Mark 2:9 but how would we prove such a thing? Or, how would we prove that Jesus has "taken the penalty" for our sins, or that He has "paid our sin debt?" These views of salvation can never be proven in the lifetime of those who believe them, and it will be too late to change their mind and believe the truth when they stand before God. On the other hand, the gospel the apostles preached is proven both by the scriptures and in the life, heart, and experience of those who believe the truth.

The apostle John wrote many things in his first epistle in order that we could know who are the children of God and who are the children of the wicked one. He wrote as though his words were common knowledge to the believers of his day. For those who do not believe the word of the apostles, what possible proof is there? Is there a greater "proof" than the scriptures? Peter heard a voice from heaven say of Jesus, "This is my beloved Son, in whom I am well pleased." Matthew 17:4-5 What greater proof can there be than a "voice from heaven?" Why then did Peter speak of a "more sure word of prophecy," II Peter 1:19 referring to the scriptures of the prophets who "testified of Jesus?" John 5:39 Peter accepted the "prophecy of the scripture" as greater proof of who Jesus is above what he experienced on the mount of transfiguration. I spent years arguing against the scriptures shown above, trying to make them fit "my experience" until the Spirit of God sharply rebuked me saying, "Stop making excuses for what my word says." I said, "I know by experience that the children of God do sin," to which God answered, "You know nothing by experience; you only know by my word." I found that if "my experience" contradicted the scripture, my experience was a "lie," but the scriptures were true. I soon came to the place that I could tell God, "I do not understand it, my experience denies it, but I will believe it because your word says it." Only then could understanding of the scriptures come to me. The person who waits to understand before they believe the scriptures will never understand, and they will never be free.

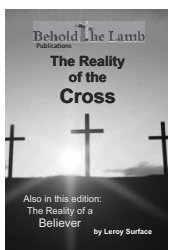
The "proof" that a person believes on the Son of God is the "eternal life" which is in them. The apostle John tells us "eternal life" can be seen in those who possess it. "For the life was manifested, and we have seen it, and bear witness, and shew unto you that eternal life, which was with the Father, and was manifested unto us." I John 1:2 The apostles saw "eternal life" manifested in Jesus Christ, and that same "eternal life" could be seen in the apostles, hence

the saying, "we ...show unto you that eternal life." A person may say, "I know that I am saved because I believe!" Do you "believe" a child of God is still a sinner? Or do you believe Christ was "manifested to take away our sins?" It does make a difference what you believe. The "proof" of a believer is "evidence" that the world can see in the believer. I am not speaking about "human perfection;" God deliver us from those who think they are "perfect." I do understand, however, that Christ has "...by one offering, perfected forever them that are sanctified." Hebrews 10:14 "Strong's Greek Dictionary" defines "sanctified" as "made holy." Sin has been taken out of the hearts of those who are sanctified. This is what God calls "perfected." Their hearts have been "purified by faith." Acts 15:8-9 They "believe the truth" and "the truth has made them free" John 8:31-36 from the sin that held them in bondage.

God does not wait until after a thing has happened to tell us what has happened. He tells us of the end from the beginning. Isaiah 46:10 Who can read either the 22nd Psalm or the 53rd chapter of Isaiah and not clearly see the sufferings and death of Jesus on the cross. God gave the record of His Son hundreds of years before Jesus was born to Mary. Why He suffered and died on the cross cannot be left to speculation. God gave us that record also. Over five hundred years before the event, God sent the angel Gabriel to Daniel to tell the prophet of the coming of Christ (the messiah). He told Daniel of a four hundred and ninety year period of time, and pinpointed the very year Christ would come in His ministry, which would be only seven years before the end of the prophetic period. God said Christ would come "to finish the transgression, to make an end of sins, to make reconciliation for iniquity," and to "bring in everlasting righteousness." Daniel 9:24 This is "the record that God gave of His Son." Those who believe Christ accomplished through His death on the cross exactly what God said He would do, enter into rest and the "glorious liberty of the children of God." Romans 8:21 Those who refuse to believe the record God gave have "made God a liar" and will never be free. That is the choice that is set before us. "Behold the Lamb of God, which taketh away the sin of the world."

FREE BOOK OFFER

The Reality of the Cross



The apostle Paul boldly proclaimed, "I am crucified with Christ!" Was this just a theological statement or was this in fact the key to his walking far above all sin and every power of darkness. Too many Christians know far too little about the purpose of the cross and what effect it has upon the gospel believer. Did you know

that our entire "body of sin" is destroyed on the cross of Christ so that we would never again be slaves to sin? Are you seeking to die daily, or have you seen that by the cross of Christ you died once unto sin and now forever live unto God? In this book by Leroy Surface, you will see how simple and yet how powerful the work of the cross is in our redemption. We invite you to order your free copy today!

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LETTERS TO THE EDITOR

Letters may be submitted by e-mail to office@CharlevoixCountyNews.com.

AUTHORITARIANISM

To the Editor,

Thrives in the ranks of consolidation of any organized union, a consortium of collective bargaining power. We saw this in the Jimmy Hoffa era and it continues to exist in the unionized police and guard organizations, many of which are affiliated with the storied AFL-CIO. Under many acronyms, inclusive of firefighters nationwide, this unionization wields much political power. This is why police, jail and prison guards, other related personnel have acquired the wherewithal to act in not only solidarity but arrogance and impunity.

Prosecutors, attorneys and judges are well aware of this of course and mostly act in consolidation with unionized forces. Thus if any are to ask why the US has allowed killer cops, prison malfeasance under shibboleth of corrections, zealous prosecution often wrongfully, judicial malfeasance, with consequently so many exonerations from 10, 20, 30, even 40 year wrongful conviction sentences, look to the various police unions and their minions.

In psychological terms it is posited that certain personality types are attracted to such work. Studies are mounting as to psychopathic and psychotic brain disorders at incipience for anti-social behavior and it is extrapolated that research is wanted for Wall Street banker types and policing personnel as well as prisoners which latter have served as the main study group. In fact prisoners are more willing to partake of such studies because they have time and willingness to participate whereas workers in criminology and social order services have no incentive to do so. Therefore it is also posited that more background information and testing are needed to discern potential improvements in

these occupations and for purpose of weeding out problems before employment instead of on-the-job training even if via academy training. Prison guards, for instance, can make \$100,000 with only a high school diploma and no prison record without further examination of fitness for such work.

With an annual \$68 billion budget for criminal justice in the US it's easy to see why a \$50 million police academy was built in Queens NY recently. There's a lot of money in crime. Add the unions and you have a lucrative establishment. Then add the public sentiment about crime and the union is enabled to bolster the powers of police and bureaucracy while ensuring that cops, courts and corrections departments are paid, perked and pensioned for life. Impunity is taken for granted. This is why even blatant illegal acts by police and jail guards are disregarded as negligible.

So if some ask what has America come to, it's obvious where the term police state comes from. Yet Germany is now taking another turn toward rightwing demeanor due somewhat to the refugee crisis in the Mideast. Though we see some lightening of attitude here and there the forces of repression are still apparent. The public voice says, well, we can't have Islam here and there because they don't fit in, we can't have rampant crime in our neighborhoods, we have to catch the bad guys, we have to patrol our borders, and so on. But the bad guys get in anyway, the police and guards become corrupted anyway, banks, business and bureaucracy continue to undermine the commonwealth, and so on. Plato, philosopher of ancient Athens, Greece, finalized in one of his dialogues there was no proper way to govern to everyone's total satisfaction. And so it goes. The accepted practices of authoritarianism are ensconced

deeply thereby and the country, the world, fumbles and stumbles along as usual.

For-profit prisons are feeling pressure even from the union rank and file, not because they saw the light but because they feel the heat. Not to worry about those entrepreneurs though, they're already onto the next phase of incarceration via prevention counseling, intervention and monitoring. If as suggested some testing via fMRI brain scans and the like is implemented, the eugenic era might well be here in earnest. What to do with empty prisons is conjectural but perhaps loft living will suffice. As to wannabe cops and guards that flunk the test, they may be relegated to the criminal element of the future and dealt with accordingly in brave new world, nineteen-eighty-four style. Sir Thomas More, the mad torturer and murderer who wrote utopia, is back with a vengeance. Utopia, for those who probably never read the book, was not a perfect place, not even a nice place, not even close.

Totalitarianism morphs from authoritarianism. Though there is and has been some blowback against the onrush of malfeasance, the syndrome might be irremediable, a constant struggle. For those who think in terms of conservatism-liberalism, democrat-republican, crime-punishment, democracy-socialism-communism-romanticism, let us reintroduce the concept of Buddhism which stipulates a middle road wherein we can all sort of get along, maybe. Authoritarianism is un-American but that's what we're getting now. Even or especially football players can see this. How much more American can protest get than that? We The People never granted that bogus authority.

Mitchell Jon MacKay, East Jordan

News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

McLaren Northern Michigan receives Clean Air Award



McLaren Northern Michigan is pleased to announce the receipt of the 2016 National Air Filtration Association (NAFA) Clean Air Award. COURTESY PHOTO

McLaren Northern Michigan is pleased to announce the receipt of the 2016 National Air Filtration Association (NAFA) Clean Air Award. The award is given to a facility that takes steps to significantly improve the quality of their indoor air by increasing the level or efficiency of their HVAC air filtration system in 10 specific categories.

submit detailed and specific steps taken towards cleaning the indoor environment through better air filtration and system hygiene. McLaren Northern Michigan was nominated by Larry Krass of Koch Filter, NAFA certified air filter specialist, who did an onsite inspection to confirm these improvements.

environment for our patients, colleagues, and visitors," stated Greg Potter, Director of Facilities at McLaren Northern Michigan. "We are honored that our efforts have been recognized."

For information on services available at McLaren Northern Michigan, please call (800) 248-6777 or visit northernhealth.org.

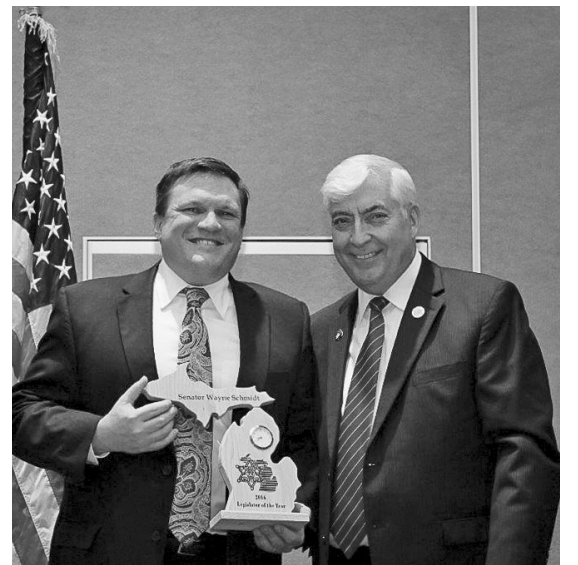
"McLaren Northern Michigan strives to provide the cleanest en-

Schmidt receives Michigan Sheriffs' Association Legislator of the Year Award

LANSING, Mich. — State Sen. Wayne Schmidt was honored as Legislator of the Year by the Michigan Sheriffs' Association on Sunday during its Fall Professional Development Conference.

Schmidt was recognized in part for his leadership on legislation recently signed into law that guarantees health care benefits for the surviving spouses and children of law enforcement officers who die in the line of duty.

"I have a great deal of respect and admiration for our law enforcement professionals, and to receive this award from the Michigan Sheriffs' Association is an incredible honor," said Schmidt, R- Traverse City. "Officers are out on the front lines to serve and protect our



State Sen. Wayne Schmidt, R-Traverse City, (left) is presented the 2016 Michigan Sheriffs' Association Legislator of the Year Award by association CEO and Executive Director Terrence Jungel on Sunday, Oct. 16.

communities every day and I am committed to working in my capacity as state senator to do

what I can to support their mission to keep us all safe."

BC POLICE DEPT INCIDENT REPORT

MONDAY, SEPTEMBER 26

- 1128 Report of attempted IRS scam from the 800 block of N Park St
- 1420 NSF check complaint received from the 400 block of N Lake St
- 1525 3 vehicle personal injury crash at Boyne Av and Lincoln
- 1747 Walk in complaint that had occurred earlier on E Main St.
- 1924 Missing subject from the 700 block of Vogel St.
- 2153 Suspicious subjects in the 1300 block of Boyne Av

TUESDAY, SEPTEMBER 27

- 1012 Report of gas cans that had fallen from a vehicle onto Lake St near Vogel
- 1605 Civil complaint in the 300 block of Boyne Av
- 1625 Report of attempted IRS scam from the 400 block of N Park St
- 2138 Report of verbal dispute in the 300 block of E Division St
- 2329 Assist EMS in the 500 block of N Lake St

WEDNESDAY, SEPTEMBER 28TH

- 0826 Tree down in roadway at Arthur and Jefferson.
- 0927 Vehicle unlock at Park and River
- 0932 Driving complaint reported on S Lake St
- 1052 Report of attempted IRS scam from E Main St
- 1529 Vehicle unlock in the 200 block of S Park St
- 1610 Report of missing camera from the 200 block of S Lake St
- 1612 Private property damage crash on W Main St.
- 1615 Suspicious situation reported on W Michigan Av
- 1709 Report of someone shooting to the east of the trailer park.
- 1845 Assist EMS in the 100 block of N Park St
- 2211 Citation issued for Expired Plate.

- 2225 Report of a suspicious subject in the 400 block of Boyne Av

THURSDAY SEPTEMBER 29

- 0659 Private property damage crash on the Boardwalk
- 0927 Report of a DTE scam going on. Caller claims DTE bill is past Due and gas will be shut off if not paid immediately with prepaid credit cards
- 1005 Report of lost eyeglasses in the park
- 1040 Bag of life jackets dropped off at the PD1
- 1041 Report of suspicious vehicle on E Main St
- 1129 Parking complaint in the 100 block of S Lake St
- 1130 Report of dead deer in the conservancy. Conservancy advised
- 1255 Report of attempted IRS scam from the 200 block of E Water St
- 1525 Report of lost Fitbit
- 1528 Report of wallet stolen from vehicle in the 400 block of N Lake St
- 1700 Assisted Sheriff Dept with a road rage complaint in Boyne Falls.
- 1951 Vehicle unlock on W Water St
- 2346 ARRESTED subject for No License

FRIDAY SEPTEMBER 30

- 0937 Report of attempted IRS scam from Sutliff Ln
- 1156 Craigslist Fraud complaint on E Cedar St.
- 1206 Assist FD on Etcher Rd.
- 1445 Lead the Homecoming Parade.
- 1600 Salvage Vehicle Inspection
- 2056 Warrant arrest in the 1000 block of Boyne Av
- 2058 Report of a fight that occurred in the cemetery
- 2158 Assist EMS in the 500 block of N Lake St
- 2122 Car deer accident occurred on East St.

SATURDAY SEPTEMBER 1

- 0356 False medical alarm in the 1300 block of Boyne Av
- 1136 Citation issued for speed and No Proof of Insurance at Pleasant and Timber

- 1223 Citation issued for speed at Pleasant and Timber
- 1307 Report of solicitors in the 500 block of N Lake St.
- 1418 Civil standby in the 200 block of W. Division
- 1619 Assist EMS on BC/EJ Rd.
- 1816 Assist Sheriff Dept on M-75 N

SUNDAY, OCTOBER 2

- 1029 Hit and Run at Rotary Park.
- 1217 Citation issued for expired registration at Pleasant and Timber.
- 1255 Citation issued for No Proof of Insurance at Pleasant and Timber
- 1711 Report of barking doe on Wenonah.
- 1836 Vehicle unlock on Deer Run.

MONDAY, OCTOBER 3

- 0908 Welfare check in the 300 block of N Park St.
- 1204 SOR Violation in the 800 block of S Park St.
- 1248 Private property damage crash in the 400 block of N Lake St
- 1440 Stalking complaint
- 1914 Vehicle unlock in the 300 block of E Division St
- 2110 Assist Sheriff Dept with a crash on M75 N near Ecker.
- 2203 911 Hang up from the 1400 block of Pleasant Ave.

TUESDAY, OCTOBER 4

- 0134 Assist to Sheriff Dept in Melrose Twp
- 0313 Located subject sleeping in the pavilion.
- 1045 Alarm in the 400 block of S Park.
- 1102 Welfare check on subject in Veteran's Park.
- 1347 Juvenile complaint from Silver St
- 1655 Report of vehicle parked at East and State for over a week without moving.

WEDNESDAY, OCTOBER 5

- 0223 Report of juvenile complaint in the 500 block of Boyne Av
- 0319 Assist Sheriff Dept on Wilson Rd. S
- 0634 Vehicle unlock in the 600

- block of Jefferson St.
- 1026 Assist EMS in the 400 block of S Lake St.
- 1122 911 check in the 400 block of Hemlock
- 1219 Citation issued for speed at Front and Second
- 1238 Report of contraband in the 900 block of Brockway
- 1445 Private property hit and run crash reported in the area of Park and Ray
- 1628 Juvenile complaint in the 100 block of Silver St
- 1847 Sand washed into the roadway during the storm on Lakeshore.

THURSDAY, OCTOBER 6

- 0000 Assisted EMS in the Industrial Park
- 0618 Welfare check on subject in the 200 block of N Lake St.
- 1127 Arrested subject on warrant in the 200 block of S Lake St
- 1258 Sand washing into the road on park south of Court St
- 1515 Report of solicitors in the 500 block of N Lake St
- 1545 Salvage inspection
- 1647 Personal injury crash on M-75 S near Air Industrial.
- 1718 Juvenile complaint in the 100 block of silver St.
- 1737 Vehicle unlock in the 1300 block of Shell.
- 2049 Report of a clown in the cemetery. No clown detected, but found 5 high school aged kids.
- 2145 Citation issued for disregarding steady yellow signal at Lake and Water.
- 2255 Vehicle unlock in the Industrial Park.
- 2330 Caller asking if there was truth to the rumor of a clown being spotted on "Boyne Valley Road" It was on Facebook. No record of call to this Dept, Sheriff Dept or MSP

FRIDAY, OCTOBER 7

- 0549 Arrested subject on warrant in the Industrial Park
- 0706 Lodged stray dog at the shelter.
- 0800 Received several calls about a

Facebook post of a clown with a knife being seen on Pleasant Valley Rd and cops looking for him last night. This was false information. No call was ever made to the Police or 911.

- 1630 Bond violations reported at the PD.
- 1833 Juveniles found looking for clowns in the cemetery. No clowns found.
- 1934 Assist Sheriff Dept with Car deer accident on M-75 N and Old State Rd
- 1954 Report of tires that had been thrown in to Brockway St. near Boice.
- 2037 Assist EMS in the 1100 block of Boyne Av
- 2331 Assist Gaylord PD in locating a missing subject in Boyne City.
- 2344 False report of a confrontation with a "clown" on E. Main near Harris.

SATURDAY, OCTOBER 8

- 0051 Assist EMS on Hannah St.
- 0532 Paper service in the 200 block of S. Lake St.
- 1055 Private property crash in the 400 block of N Lake St
- 1111 Funeral Escort
- 1211 Arrested subject for DWLS in the 400 block of N Lake St
- 1317 Vehicle Unlock in the 400 block of N Lake St
- 1336 Report of a piece of dock floating in the water by Tannery Park.
- 1710 Report of scam phone call from E Main St.
- 1756 Assist citizen in the 300 block of E Division St
- 1803 complaint of subject saying mean things on Facebook
- 2240 Assist Sheriff Dept with a complaint on Dam Rd

SUNDAY, OCTOBER 9

- 0020 Assist EMS on State St.
- 0030 Report of a suspicious boat near Lower Lake St.
- 1337 Gasoline drive off from the 1300 block of Boyne Av
- 1410 Suspicious activity reported in the 300 block of E Division St.
- 1647 Baggie of marijuana on the sidewalk outside in the 400 block of N Lake St

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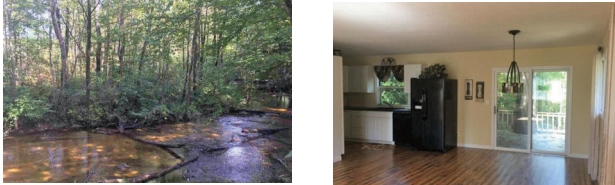
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153 feet of frontage on Ogletree Creek, all new flooring, trim, doors, fixtures, kitchen cabinets, and appliances. Also offers a larger 2 car garage. This home is also set up for an outside wood boiler system all lines are connected to the furnace. All you need is the boiler. Located just minutes from Central Lake. MLS 449857. **\$139,900 Ask for Mike Stark or Holly Nierman**



5924 ZIMKLEY ROAD • HARBOR SPRINGS
This home sits North of Petoskey, this 3 bedroom 2 bath homes sits on nearly 2 acres. Located in the Harbor Springs school district. This home is ready to move in with a possible lease option with 10% down. MLS #449856. **\$74,900. Ask for Mike Stark or Holly Nierman**



4215 N M-66 HIGHWAY • EAST JORDAN
Looking for seclusion and hunting property? This home is nestled in 40 acres and is a hunters dream, there is access from M-66 and Timber Ridge. There is a 3 bedroom 2 bathroom home as well as a barn for all your toys. Sit and enjoy nature right at your own secluded cottage. New flooring in kitchen and dining area. MLS #447314. **\$139,900. Ask for Holly Nierman or Mike Stark.**



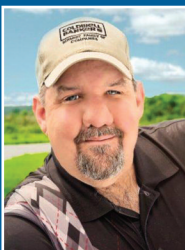
6508 CENTER STREET • ELLSWORTH
Large commercial building up. Located in the heart of Ellsworth, is currently set up with 2 apartments, grocery store, pizzeria, and deli. Walk in coolers, carry out liquor license, this is a dream opportunity to be your own boss. For the investor shine it up and rent all the spaces and watch your investment grow. MLS #448453. **\$69,900. Ask for Mike Stark or Holly Nierman**



204 WATER STREET • EAST JORDAN
Long established waterfront marina located on the South Arm of Lake Charlevoix in the City of East Jordan. Great exposure for retail, boat and water accessories. Property consists of an unheated storage building 50 x 104 with attached sales and show room that is 36 X 98. Located in the waterfront district area. MLS #447866. **\$498,500. Ask for Mike Stark or Holly Nierman**



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